Munfordville Church of Christ No 984 January 19, 2014

K itchens of today are full of technological marvels. Microwaves will heat food in seconds. Refrigerators make and dispense ice. Coffee makers begin brewing before one awakens, and the advances continue.

One handy device found in many kitchens is the garbage disposal. Garbage can simply be tossed in, and in a few moments it is pulverized, then washed away.

The human mind does not work in the same manner. When sinful images enter, many of them will remain there our entire lives. No matter how much we would like to forget some thoughts, we cannot. Sights and sounds can quickly bring them to our remembrance.

You certainly would not pile trash in your kitchen sink if you knew much of it would linger there the remainder of your life. Why do it with your mind?

There are so many ways we can soil our minds— music, movies, television, magazines, etc. Even though we live in the world, we need to do all we can to keep ourselves pure. We are told in James 1:27, "Pure religion and undefiled before God and the Father is this, To visit the fatherless and widows in their affliction, and to keep himself unspotted from the world." — Marty Edwards *****

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Sunday 9 AM & 6 PM — Wednesday 6 PM

What Can You Do Without?

Have you noticed the trend toward simplification? I suppose it is natural that when businesses began scaling down and becoming leaner operations, the spirit of severing the fat from our operations would move to family life as well. I even noticed an automobile advertisement pushing simplicity the other day. If you go to any book store and look around very much, you will find a whole section of books on how to get out of debt and how to simplify your life. Personally, I believe this is a great trend and hope that it will continue

Much of our feeling of peace and contentment relates to our ability to live without some things. When we develop the spirit, "I must have all the things I want and I want them right now," there are never enough things to fulfill the longings. Each time we think we have arrived, the craving begins for something a little better and just a bit more convenient. Quite often, we didn't know we were deprived when we didn't have something until we were around someone who had it. Then we just couldn't see how we could live without it for another day.

To keep the cravings of our life under control, a good habit to develop is to see what you can live without and still be a full, complete person who is doing well in life. I'm not advocating we should all get rid of our homes, cars, and clothes. I'm just saying one can build character by doing without some things they would really like to have. It may be nothing more than delaying a purchase, even though we can afford it now, until later. When we do, many of the things we thought we wanted desperately become unimportant to us.

*** Give the Lord what's right not what's left.



-Continue to remember Sally Marshal and Jewell Watkins who are both in

nursing homes. Continue to also remember Vicki McDaniel and Jean Coffey.

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When the apostle Paul wrote Timothy, he said, "7For we brought nothing into [this] world, [and it is] certain we can carry nothing out. ⁸And having food and raiment let us be therewith content." (I Timothy 6:7, 8) One giant stride toward a more peaceful life would be to lower the level of necessity in our lives.

Just think of what it would do for your own self-discipline if you choose something you really want, and determine to do without it. This very action could lead us to better control of ourselves in all other areas of life. A man's life does not consist of the abundance of things he possesses. Don't become a hermit. Reason is applicable in this realm, but we can start somewhere with something we want.

-adapted from Leon Barnes, Barrow Road Church of Christ Little Rock, Arkansas *****

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Then a child is young, he or she may want to do many things that \mathbf{V} look enjoyable such as playing in the street, eating candy and junk food instead of the healthy food needed, etc. The child may not want to attend school, take a bath, or any number of things.

The parents constrain the child to do the activities anyway, because the parents know they are for the good of the child.

The commandments of the Lord are like this. Many people may question and ask "why," but in Deuteronomy 6:24, the Lord told the Israelites, "And the LORD commanded us to do all these statutes, to fear the LORD our God, for our good always, that he might preserve us alive, as [it is] at this day."

Let's always obey the Lord wholly. It is to our benefit. ----Marty Edwards *

Sunday, January 12, 2013 Classes 20 Acts 17:15-22 Preaching 31 I Peter 1:1-10 \$411.00 Contribution 14 Job 23:1-17 Evening Wednesday, January 15, 2013 18 I Samuel 31:1-13 Classes

Visitors-

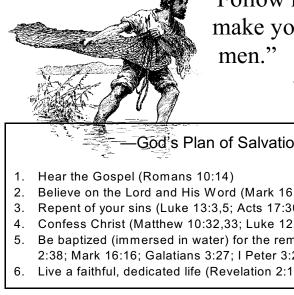
Peggy Bybee (Horse Cave, KY) Jan 15 (Wed) Madison Gaddie (Munfordville)

Jan 12 (AM) Ethan Borton (Nashville, TN); Bobby &

Bible Quiz

What did Job esteem more than his necessary food?

Last Week's Answer- They received the word with all readiness of mind and searched it daily (Acts 17:11)



"Follow me, and I will make you fishers of

God's Plan of Salvation—

- 2. Believe on the Lord and His Word (Mark 16:16; John 8:24)
- 3. Repent of your sins (Luke 13:3,5; Acts 17:30)
- 4. Confess Christ (Matthew 10:32,33; Luke 12:8; Romans 10:9)
- 5. Be baptized (immersed in water) for the remission of sins (Acts 2:38; Mark 16:16; Galatians 3:27; I Peter 3:21)
- 6. Live a faithful, dedicated life (Revelation 2:10; II Peter 1:5-10)